

Resilience & Courage Respect & Creativity 2020





2020 Term Two Update B-12

Avenues College B-12

McKay Avenue

Windsor Gardens SA 5087

T: 8261 2733 F: 8261 0827

E: dl.0906.info@schools.sa.edu.au

www.avenuescollege.sa.edu.au



Avenues College Children's Centre Avenues College Sport Avenues College Resource Centre

Robyn McLean

Principal B-12

Ela Koczwara

Head of Early Years

Desi Philippou

Head of Primary Years

Roy Webb

Head of Secondary Years

Mari Terreri

Dean of Wellbeing & Student Engagement, B-12

Teresa Maiolo

Coordinator of the Centre of Deaf Education

Danielle Smith

Business Manager, B-12

COVID-19 Update

I want to thank all of our parents, staff and community members for the respectful ways in which you have helped us to navigate the COVID world. From the beginning of next term more restrictions will be eased as South Australia continues to fare well in our management. Many of our normal college activities will resume during the term.

I ask that you continue to

- Stay away from our college site if you are unwell, and keep your children home if they are sick
- · Limit access to the buildings to those visits that are necessary,
- Wash your hands frequently and
- Observe safe distancing from other members of our College community

The Cheltenham Exchange has not been able to be held yet for this year, but the Cheltenham Team developed the COVID Challenge as an intra-squad celebration of the Spirit of the Exchange over week 9 of this term. Competition, collaboration and the College values of Courage, Creativity, Respect and Resilience were on display from both staff and students. The details of the competition are inside the newsletter, but I want to publicly acknowledge the enormous commitment displayed by the squad.

Staff News:

- We were deeply saddened by the sudden death of our Grounds person, **Rob Goodwin**, on Sunday June 21. Members of the staff and student body represented the College at his funeral yesterday morning.
- **Ms Dana Bagshaw** has been a welcome contract teacher during this term, replacing **Renate Quinn** who had a short period of leave. Dana will complete her contract today, but will be seen around as a relief teacher.
- **Ms Rhianna James** has been filling in for the maternity leave of Emily Coleman, caring for our senior students as they navigate the SACE/VET process. Rhianna is leaving us today, and **Mike Haynes** will support the students until Emily returns. Thank you, Rhianna, for the enthusiasm you have brought to this role.
- **Ms Chan Welfare** has accepted a principal position for the rest of this year, so will not be returning to Avenues College. **Desi Philippou** has agreed to remain in the Head of Primary position during term 3, allowing us to advertise an ongoing position for the leadership of our Reception to year 6 students.

During Term 3 parents and students will continue with semester 2 learning, as well as beginning the process of selection of subjects for 2021.

You will have opportunity to meet with class teachers to discuss this learning.

I want to wish you all a safe and restful holiday period, ready to recommence our pathways to excellence from July 20.

Robyn McLean, Principal

(Pictured with Jessica—who chose to dress as Robyn on Swap day!



Department for Education trading as South Australian Government Schools CRICOS Provider No: 00018A Avenues College acknowledges and respects the traditional custodians whose ancestral lands we meet upon. We acknowledge the deep feelings of attachment and relationships of Aboriginal peoples to country. We recognise the many language groups that continue their connection to land, waters and culture across Australia and we pay our respects to their elders, past, present and emerging.

Diary Dates

First Day of Term Three Monday 20th July

Governing Council Meetings

Tuesday 4th August Tuesday 8th September

Student Free Day

Monday 10th August

Parent/Teacher Interviews & Subject Counselling (Yrs 8 to 12)

Wednesday 12th August, 2pm –7pm **Early Dismissal 12.40pm for Yrs 8-12 ONLY**

Student Free Day

Friday 28th August

Last Day of Term Three

Friday 25th September

Signing Out Early??







We acknowledge that there are times when there is a requirement for parents or caregivers to sign out their children from school during the normal school day to attend medical appointments or attend to family matters.

Should you need your child to sign out early, you need to call the College, attend in person to the Front Office or write a note in the students diary (Yr7 to Yr12) to give permission. Please give a brief reason and provide your permission as early as possible to support our record keeping and to minimise disruption to the student's learning arrangements.

Unfortunately we are unable to accept text messages or calls directly to the students mobile phone.

Students signing out must do so at the Front Office (P-Yr7) or through
Student Services (Yr8-12).



Avenues College Environmental Group

Dental Waste Recycling—UPDATE

We are currently coming in at place 40 out of 137 schools across the country for the dental waste competition. The competition has just reached the halfway point, so there is plenty of time left to donate or vote!

You can vote multiple times, each day in fact, to get more points for our school.

Link: https://www.terracycle.com/en-AU/contests/colgategardenvoting-au

Soft Plastic Recycling

Soft plastic recycling is in full swing. Locations of boxes so far are with Mel in the canteen, with Linda in student services, under the microwave in the staff room, and with myself in ML03.

Composting

Composting has just begun! Collection buckets are with Mel in the canteen, and in the staff room. The CHI students will be running this as it will go towards helping out their garden, so they'll be emptying the buckets.

Tyre Garden Project

Our tyre garden project is coming along nicely, we're going to use these photos for the news article mentioned above. This should be finished in the first few weeks of next term.







NEW FLAGS

With the gracious assistance of Dana Wortley MP (Member for Torrens), Avenues College was presented with a new set of flags for our flag poles. Children from the Preschool watched in anticipation as ATSI students from Reception to Year 12, carefully attached the new flags and proudly raised them. There was beautiful sunshine for our ceremony but not a breath of wind to make for a great photo opportunity. All the same we will fly the flags of our nation and its heritage with pride.

Thankyou to Dana Wortley MP and her staff as well as to the students and staff participating. Ms Guinan's Year 5/6 class have taken responsibility for the honour of raising and lowering of the flag.



















AVENUES FILM PRODUCTIONS

Gayle, Ash, Nathan and Luke are some of our students who are a part of the Avenues Film Productions, a group of talented young filmmakers who are in the process of pre-production for one of their films. Their grand plans of filming in and outside of school, on weekends and collaborating with our littlest students will yield some excellent results. Watch this space for more developments on how they are progressing.





Breakfast at Avenues

Kickstart Breakfast club continues in Term 3 and is available to all students Rec-12. Join us in Café Parndendi Mon,Tues,Thurs and Fri 8:00am to 8:40am (Yr8 to 12) and 8:50 (Rec to Yr7).

Our NESCI breakfast volunteers are back Wednesday mornings cooking bacon and eggs outside of the library. Available for all students Rec-12 starting Week 1 Term 3.

money

MATTERS

The Finance Office would like to remind families of the importance of contributing towards the 2020 Materials & Services Charges. Thank you to the families who have already made payment this year ... your ongoing support is appreciated.

We offer a number of different payment options and we encourage you to contact us to negotiate an arrangement which suits your needs.

The Materials & Services Charges ensure the delivery of high quality resources and services for all students and directly relates to higher educational outcomes.

We appreciate that some families may have recently been affected by COVID-19 ... please remember we are here to assist you. Call to speak with our Finance Office who will confidentially negotiate with you any alternative arrangements you may require.

Learning is a treasure that will follow its owner everywhere.
Chinese proverb

teamjapanese.com



PLAYGROUP AND COMMUNITY SUPPORT PROGRAMS ARE ON THE WAY BACK!



With the Covid-19 restrictions starting to lift, Avenues College Children's Centre has started planning on re-establishing our Community Programs. Prior to Covid-19 the Children's Centre was running a variety of playgroups for children aged 0 – 5 years and parenting support programs.

What our future programs look like depends on you.

Our Community Development Coordinator, Erica, is eager hear from you about how we can strengthen our community.

Please feel free to contact Erica phone 8261 2733

email Erica.knapp@sa.gov.au

or visit the community room located next to the Preschool.

Alternatively view our Term 3 program on Avenues College website.

Avenuescollege.sa.edu.au

FOOD DRIVE





We have had an AMAZING response to our Food Drive initiated by Hyde House!

Thank you to all who have supported this endeavour.

We will forward all the donations to St Vincent De Pauls to help others in need and to contribute to the wider community during challenging times.





Congratulations to the COVID Challenge winners ... The 56'ers. A great few days of friendly competition was held allowing our exchange squad to flex their talents and skills. A big thankyou to the PE team, Mr Dalby, Mr Edwards, Mr Liddicoat and Ms Duffy for all their work preparing and running the event and also to Sue and Stana for their valuable assistance.

SCHOOL UNIFORM



Our Uniform Policy B-12 can be found on page 5a in the College diary (for Years 7 to 12 students) or on our website

www.avenuescollege.sa.edu.au

Avenues College has a clearly stated Uniform Policy. This policy was approved by the Governing Council, on behalf of all parents/carers and students. It recognises the important role of smart and appropriate college clothing for a strong sense of wellbeing and safety and requires that all students in Years R-12 wear approved college uniform.

We wish to remind families that in choosing Avenues College they undertake to support the school in its expectations for all students to wear the correct uniform. Students' appearance should be neat, clean and worn in a conventional manner. The wearing of other garments will be seen as incorrect uniform and therefore seen as unacceptable.

Student Responsibilities:

- All students are expected to be in full uniform when attending.
- The prescribed Avenues College uniform is the only acceptable uniform.
- Students who come to school out of uniform are expected to bring a note from parents/ caregivers. Failure to do so will result in a range of actions by the College.
- Students will not be permitted to represent the College in public if they are not wearing full uniform.

Parents are asked to:

- Support the College Uniform Policy.
- Check that their child is in uniform when they leave home each day.
- Contact the College if their child refuses to dress in uniform and work together with us to ensure the child wears our uniform.
- Supply their child with a diary note for a 'one day' uniform exemption.
- Ensure all items are labelled with their child's name.
- Refer to the Uniform Policy before purchasing any items.
- Contact the College if you require financial assistance.

PLEASE NOTE— Hooded jumpers and tights are not acceptable uniform items



College uniform is available from Devon Clothing Uniform Shop Shop 24 Clovercrest Plaza, 429 Montague Road, Modbury Phone 8396 6465

Who built King Arthur's round table??



On Monday the 15th of June, the Year 3 class were involved in a Health lesson taught by Stage 2 Health student, Kiara Phillips. As part of her assessment for Health, Kiara planned, organised and conducted a Health lesson aimed towards the Year 3 class. Her main objective of the lesson was to promote healthy eating by engaging students in a variety of activities. Students thoroughly enjoyed creating their own Fruit Face using cut-outs of fruit. They also had fun learning about some interesting fruit facts and were able to recall their learning at the end of the lesson.

Well done to Kiara and the Year 3 class!



Avenues Arts Collective Get Creative !!

Avenues Arts Collective is in the process of working on another large mural for our school. We were the recipients of an Artist in Residence Program grant presented by SALA (South Australian Living Arts) Festival in partnership with Credit Union SA.

Our Artist in Residence is Thomas Readett, a well know mural artist. Currently the group of talented students from Avenues Arts Collective is working with Thomas on building their skills. Building skills like the drawings of the eyes and skulls pictured, is an integral part of an artistic endeavour, and it ties in with Australian Arts Curriculum. Our next step is developing and generating ideas for our large mural that will be painted early next semester.

Keep an eye out for the SALA Festival marketing and catalogue, as we are officially a part of the largest Arts Festival in South Australia.



STAFF / STUDENT SWAP !!

Not sure who had more fun ... the teachers or the students!! Thanks to all the participants ... gold coin donations going to Variety SA Children's Charity.

































5 strategies for dealing with cyber-bullying

ReachOut.com

When you're experiencing cyber-bullying, it can sometimes feel like you're stranded somewhere no-one else can get to, facing something that no-one else understands, and with nowhere to turn for help. But you're never alone in dealing with cyber-bullying. If you're wondering how to deal with cyber-bullying, then read on for our cyber-bullying strategies.

Strategy 1: Don't respond immediately

The aim of a lot of cyberbullying is to annoy, upset or confuse the person who is being targeted, so that they react emotionally. If you're being cyber-bullied, keep in mind that the person who's targeting you wants you to respond.

A good strategy for dealing with this is not to give them what they're looking for. If someone says something to you online, tags you in a photo you don't like, or just generally does something unkind, put down your phone for an hour or more. Take that time to give yourself some emotional distance and think carefully before you respond.

Strategy 2: Follow up when you're calmer

After an hour, you'll probably feel a little calmer. Now you can go back online – maybe even with a friend or family member in the room with you – and get a proper feel for the situation before contacting the person who is cyber-bullying you.

Using calm, neutral language, try to work out the situation with the person without letting them get to you. They might not even realise that you interpreted their actions as cyber-bullying, and so a calm conversation is a good place to start.

Strategy 3: Take screenshots

Screenshots are the best way for you to report an instance of cyber-bullying. After all, the person who's cyber-bullying you may delete their comment or photo when they realise that it might get them in trouble. Screenshots will ensure you always have a copy of what was said.

Strategy 4: Try to stop compulsively checking posts

When you're in the thick of a cyber-bullying attack, it can feel like the person who is cyber-bullying you is literally in the room with you, shouting things in your ear and demanding your attention.

But it doesn't have to be that way. You can always limit your social media time to a few hours a day. That way, the bullying doesn't feel constant, and you can take a break from the online world to look after yourself. You should never have to feel like you can't go online, but you can make sure you don't spend all day online dealing with bullying.

Strategy 5: Report and block

Most social media sites want to help you feel safe online. They don't want you to experience cyber-bullying, either, so they have a lot of built-in tools to keep you safe. Just as importantly, they're always looking to introduce new technology to help you out.

If you've exhausted the reporting and blocking options within your social media platform and things are still really bad, you need to make a report to The Office of the Children's eSafety Commissioner by filling out this form. Before you make a complaint, you need to:

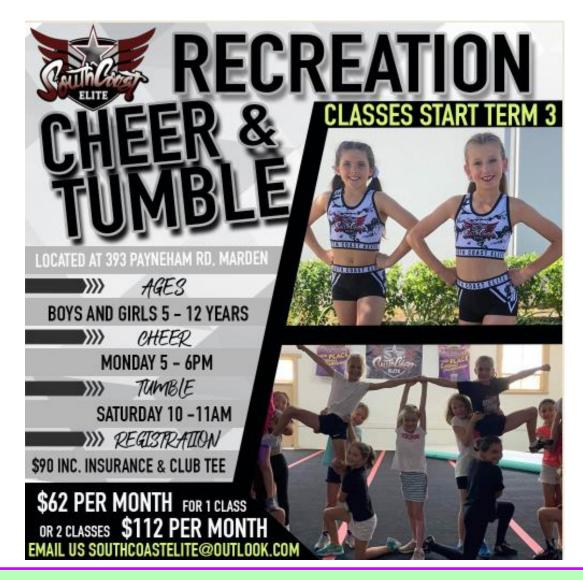
have copies of the cyber-bullying material ready to upload (screenshots or photos) report the material to the social media service (if possible) at least 48 hours before filling out the form gather as much information as possible about where the material is located allow 15-20 minutes to complete the form.

What can I do now?

Hit up the Office of the Children's eSafety Commissioner.

Talk to friends or family about what's been going on and report the bullying to a teacher or member of the Avenues College Wellbeing Team.

Find something else you can do for those times that you don't want to be online.



YEAR 12'S ... CRUNCH TIME!!

During this term our Year 12's have been introduced to the SACE website and some of the resources available. Anyone can explore the site to investigate what SACE is all about.

For our Year 12's, 2020 has been very tumultuous and students and families have been faced with unprecedented challenges and stresses. The following links may provide you with some reassurance about what the second half of the year holds, what life after Year 12 might have in store and some wellbeing tips and strategies for looking after yourself and each other.

EXAMS—SOUTH AUSTRALIAN CERTIFICATE OF EDUCATION In 2020 there are a few shortened exams and formats.

Check out sample exams at www.sace.sa.edu.au/studying/assessment/exams

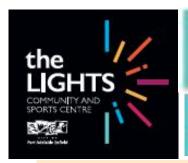
<u>AFTER SACE—WHAT LIES BEYOND?</u> For all the information about ATAR's, TAS subjects and Tertiary Admissions follow the link ...

www.sace.edu.au/studying/your-sace/planning-beyond-sace

<u>ARE YOU OK?</u> If 2020 is stressing you out and you feel overwhelmed, follow this link for resources and contacts to help you get through ... don't suffer in silence Ask for help. www.sace.sa.edu.au/studying/support/are-you-ok

<u>STUDY TIPS</u> How, when and where to study to get the best out of yourself and the skills and knowledge you have gained.

www.sace.sa.edu.au/studying/support/study-tips





Yoga for Kids

(ages 5-15)

+ 1hr Court Sport

We all know that yoga is a fantastic workout for us as adults, bringing about both stressreduction as well as increasing physical strength and flexibility. These same benefits can help our kids too. Book your child into this fun and calming program by contacting us at the Lights.

Ages 5 - 10: 10am - 11am

Ages 11-15: 11am - 12pm

Plus 1 x free hour on court after your session to play with a range of fun equipment

Tuesday 7 July

BOOKINGS ESSENTIAL | \$10 per session

Just Dance

(ages 5-13)

+ 1hr Court Sport
Including Free Bouncy Castle Ride

Get your dance on with sarah who will show you some moves! This is going to be so much fun with all your favourite songs!

Ages 5 - 8: 10am - 11am Ages 9 - 13: 11am - 12pm

Plus 1 x free hour on court after your session to play with a range of fun equipment

Friday 10 July

BOOKINGS ESSENTIAL | \$10 per session



Art 4 All

(ages +6)

+ 1hr Court Sport

Come and find out how to paint, draw and create art in these fun and exciting workshops.

Plus 1 x free hour on court before your session to play with a range of fun equipment

Wed 8 and Thurs 9 July 11am - 12pm

BOOKINGS ESSENTIAL | \$10 per session

Wheelienet Wheelchair BBall

(ages 5 - 16)

+1hr Court Sport Including Free Bouncy Castle Ride

The Wheelienet program is a fun and interactive wheelchair basketball session suitable for all abilities that gives participants an understanding of the issues and challenges faced by people living with disability.

Plus 1 x free hour on court after your session to play with a range of fun equipment

Tuesday 14 July 10am - 11:30am

BOOKINGS ESSENTIAL | \$10

Pupil Free Day—Friday 19 June

On our pupil free day, our afternoon session focussed on staff wellbeing. Staff were given the opportunity to participate in a range of activities/ challenges including, crochet, lego masters, master chef, pílates, art/ drawing/painting, bushwalking, sewing and movies.

Here are some photos of our staff working on their personal wellbeing to support the wellbeing of our local community as educators.

Staff enjoyed themselves and returned to school the following week recharged.





































AVENUES COLLEGE PRESCHOOL

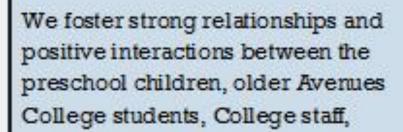


ENROL FOR 2021 NOW!!



Preschool at Avenues College is an ideal
environment for your child to flourish and
thrive as they explore play based learning

We encourage children to investigate and experiment with a wide variety of equipment and resources and we stimulate and support their thinking and learning as they grow.



To secure your Preschool place for 2021, or to arrange a private tour (after 3pm weekdays) please contact our Preschool Director.

2 8261 2733







⊠dl.1582.director@schools.sa.edu.au

THE DENTIST IS COMING!



Grow Up Smiling (GuS) is a mobile dental program that delivers onsite oral health care and education for students across South Australia.

Onsite treatment provided will include an oral examination (as a minimum) and where clinically necessary, one or more of the following: x-rays, cleaning, fluoride treatment, dietary advice, oral hygiene instruction. Follow up visits for services such as fillings, fissure seals & extractions.

How Can I Register My Child/Children?

Collect a Patient Pack from your site and then return copies of the:

- 1. 'Patient Details & Medical History' form
- 2. 'Patient Information & Consent' form
- 3. 'CDBS Patient Bulk Billing' form within the envelope they came in to your child's school prior to the deadline.



Grow Up Smiling

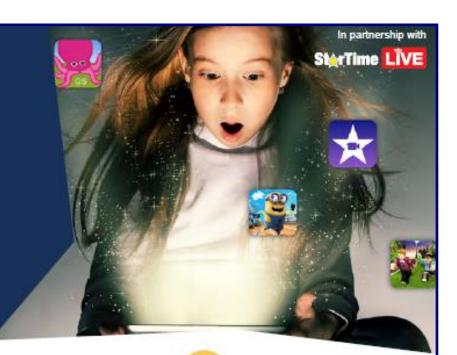


(08) 7226 1709 · MySchoolDentist.com.au





Holiday Club
Online turns
screen time
into a positive
experience!





VIRTUAL EXPERIENCES FOR KIDS

You've always wanted to try something new like creating animation using just your iPad, learn that new cooking technique or compete in an awesome obstacle course – well now you can give your children these experiences for only \$10 per-child, per-session (plus a few required materials).

Give your child the best holiday break, with social and skill-building benefits through our jam-packed online program these holidays. We've partnered up with one of the best providers in the country, StarTime Studios, to bring you an extraordinary online holiday program that will keep your children entertained, while building lifelong skills.

Holiday Club Online goes live next week, so don't miss out on the most enriching online holiday program in Australia!









We've got over 50 incredible live and interactive workshops starting next week. Book 1 session or book all 50, it's up to you. Sessions run between 45 minutes to an hour, with 3-4 sessions across each day of the school holidays!

Move away from mindless screen time into a positive and engaging experience with Holiday Club Online. Spots are limited. Book now - exclusively available through the <u>Parent Portal</u>.



